



# SMITHTOWN PUBLIC SCHOOL

Week 7 Term 2 – Monday 5 June 2017

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## TERM 2

### WEEK 7

Wednesday 7 June	Canteen Recess Pancake Day
Thursday 8 June	RMS Boating Safety yrs 5/6 Soccer 2.00 pm
Friday 9 June	Athletics Carnival P&C Sausage Sizzle Lunch

### WEEK 8

Monday 12 June	Queen's Birthday Long Weekend
Friday 16 June	SRG Fundraiser Crazy Hair Day Assembly 2.30 pm

### WEEK 9

Monday 19 June	Canteen Breakfast P&C Meeting 6.00 pm
Tuesday 20 June	Small Schools Athletics Carnival
Wednesday 21 June	Glasshouse Excursion Mr Stink Years 2-6

### WEEK 10

Tuesday 27 June	Reports sent home
Wednesday 28 June	NAIDOC Day South Kempsey PS
Friday 30 June	SRC Meeting Last day of Term 2 BBQ Lunch 1.00pm

## PRINCIPAL REPORT

Currently our teachers are completing semester 1 reports that will be sent home on Tuesday 27 June 2017. On the last day of term, Friday 30 June at 1.00 pm the staff and students would like to invite all our parents and carers to a BBQ lunch. This is a wonderful opportunity to liaise with your child's teacher, discuss their reports, and celebrate your child's success.

The staff and students are also organising a fun filled afternoon of sporting activities which involves parent participation. The day will end with our last school

assembly for Term 2. So please come and join in on the fun!

I would also like to take this opportunity to thank Smithtown Public School staff for their support in providing extra curricula activities for our students.

**Jenny Sawyer**  
*Principal*

## PANCAKE DAY

Our SRC boy-chefs will be cooking pancakes for recess on Wednesday 9 June.

Please fill in the attached yellow order form and return it to the office by Tuesday 8 June.

The SRC will be using the funds to purchase educational equipment for their learning.

## YOUNG LEADERS DAY

Last Wednesday our school leaders Aminya, Keelan, Felicity and Logan attended the Macleay Public Schools Leadership Day at Kempsey High School. It was a wonderful opportunity for them all to learn and develop their leadership skills.

The school captains from Kempsey High and Melville High addressed all the young aspiring leaders. All the young leaders were broken up into small groups where they shared ideas and completed their leadership workshop booklets.

## MELVILLE HIGH SCHOOL OPEN DAY

A reminder for all our Year 6 students transitioning into Year 7 in 2018. Tomorrow, Tuesday 6 June from 4.30 pm to 5.30 pm Melville High School have their annual open house event. This is a wonderful opportunity to:



*Jysayah with his Lego Fort Construction*

- Meet the teachers
- Explore learning opportunities
- Experience some hands-on activities
- See what each subject area has to offer
- Have your questions answered

## ATHLETICS CARNIVAL

Our athletics carnival is being held this Friday, 9 June 2017. Students will come to school as per usual. At 9.00 am class rolls will be marked, students will be marked for their age and colour houses.

At 9.10 am students will walk across to the Smithtown oval where the track events will begin at 9.15 am. Morning tea will be approximately 10.50 am back at school. The field events will be held at approximately 11.30 am until 1.00 pm. The P & C are cooking up a storm with a \$5.00 BBQ lunch. Please see the MEAL DEAL ORDER (orange note) attached which must be returned by Wednesday 7 June 2017. The relays will be held after lunch back at Smithtown oval.

We would love to see you all there supporting your children and we always appreciate any volunteer helpers on the day!

## RESPONSIBLE PET OWNERS

Leeanne Cagnacci is delighted by the beautiful manners that all the K/1 students used throughout the visit and particularly when the children asked to pat Elle the miniature dachshund (sausage dog).

She is particularly impressed by the positive interaction with the students and their respectful, safe and responsible behaviour towards herself as a guest to our school and the dog. Leanne recommended an excellent online learning tool (see the link below) to assist children in grade levels K-2 in responsible pet ownership and dog safety [www.pettown.nsw.gov.au](http://www.pettown.nsw.gov.au)

## LNC CROSS COUNTRY

Congratulations to all 16 students who participated in the Lower North Coast Cross Country held last Monday at Kempsey Racecourse. It has been reported that all our students achieved their personal best.

Huge congratulations to Keelan Brien who placed first in his age division. We wish Keelan the best of luck when he competes at the North Coast Cross Country in Murwillumbah on Friday 9 June 2017.

## PSSA SPORT

Smithtown Public School students have been very busy with their sporting prowess. Although they have not all been successful in being selected we are very proud of their attitude "to have a go". We have had many of our students participating in the PSSA selection trials for the following sports:

- Netball – Felicity Kesby
- Basketball – Sam Pont
- Touch Football – Annabelle Nee, Aminya Higgins, Gus Hickson, Harper Douglas
- Rugby League – Jett Lunn-Reid, Thomas Ford, Gus Hickson, Harper Douglas, Ryan McKiernan
- Soccer – Annabelle Nee, Aminya Higgins, Tayla Chapman-Maddalena, Keelan Brien, Jett Lunn-Reid, Logan Parsons

Congratulations to Aminya and Keelan who have been selected in the boys and girls soccer teams.

## GREAT AUSSIE BUSH CAMP AND LAKE AINSWORTH CAMP

Just a friendly reminder that these camps are approximately ten weeks away. We are currently taking part payments as part of your payment plans. The full amount must be paid prior to your child attending these excursions.



## Healthy Eating for Kids

Latest ideas on healthy eating options for kids

June 2017

### Choosing allergy medicine for children

More than half of parents say seasonal allergies affect their kids, with some unsure how to choose the right medicine and 1 in 7 giving allergy medicine labeled for adults.

### Could genetics influence what we like to eat?

Understanding the roles of genes in eating behaviors and food preferences could lead to personalized diets that are easier to follow.

### Parents can't be proud of everything their child brings home from school

Here are some myth busting facts about worms that will help schools and parents being in the know and prepared about these common occurrences.

### Game-changer for gluten-sensitive patients

Taking an enzyme tablet while consuming foods containing gluten prevents a significant amount of it from entering the small intestine.

### Risks of getting vegan diets wrong in young children

Young children who follow a vegan diet without medical and dietary advice carry the risk of a number of nutrient deficiencies.

### Consumers misled by gluten-free foods

Gluten-free products cannot be considered as sufficient substitutes for their gluten-containing counterparts.

### Making science more accessible to young minds

Nutritionists are working on ways to bring the science of what they study out of the lab and into the hands--and minds--of kids.

### Energy drinks put individuals with genetic heart condition at risk

Scientists express concerns about the effect of energy drinks on individuals, particularly teens, with familial long QT syndrome in a new study published in the International Journal of Cardiology.