



SMITHTOWN PUBLIC SCHOOL

Week 9 Term 3 – Monday 11 September 2017
 30 – 38 Cannane Street, SMITHTOWN NSW 2440
 Phone: 6567 4529 Fax 6567 4823
 Email: smithtown-p.school@det.nsw.edu.au
 Website: www.smithtown-p.schools.nsw.edu.au

TERM 3	
WEEK 9	
Tuesday 12 September	Schubert's 7's Kempsey
Thursday 14 September	Jump Rope For Heart 9.15 am Dhalayi Doctors Years 3/4
Friday 15 September	P & C Movie Night Fundraiser 6.30 pm
WEEK 10	
Monday 18 September	P & C Meeting 6.00 pm School Staff Room
Thursday 21 September	Dhalayi Doctors Years 3/4 Preschool Transition 9.30 am- 11.00 am
Friday 22 September	Assembly, 2.30 pm Last day of Term 3

JUMP ROPE FOR HEART THURSDAY 14 SEPTEMBER 2017 – 9.15 AM

All parents are welcome to join us at 9.15 am as we jump off to this fun activity on Thursday 14 September!



The Sponsorship money is due back to the office by Friday 15 September.

If you have not already registered, please register your child online so they can receive the full benefits of the program and participate in the online fundraising.

Sign your child up for online fundraising or complete the sponsorship form.

- Click on Register
- Visit: www.jumprope.org.au
- Click on the Kids tab



Destiny and Jysaya participating in the father's day fun!

P & C NEWS

MOVIE NIGHT FRIDAY 15 SEPTEMBER

Please come and join us this Friday night at 6.30 pm for a fun filled night of entertainment. We will be screening a G rated family movie. The cost is only \$10.00 a family.

Food and beverages will be for sale on the night. Please see the pink note attached **and return it to our school office by Wednesday 13 September** to allow the P&C to organise catering.

CANTEEN NEWS THIS WEEKS MEAL DEAL!

Please find attached the orange order form to be returned to the school, no later than Wednesday 13 September 2017.

CANTEEN SPECIAL

The canteen will be open for recess on Friday 15 September, please see the back of the orange order form for the items that will be for sale.



K/1 practicing for Jump Rope For Heart

PRINCIPAL REPORT

RUNNERS UP

The senior classes were runners up in the Sculpture at the Gaol competition and received a \$50.00 voucher.

Students voted to have a milkshake day as recognition of the effort everyone put into the exhibition. Thanks to Karina, Mr Lewis and Ms Williams for their support in designing the works and setting up the display.

LAST DAY OF TERM

On Friday 22 September, which is the last day of term, we are celebrating International Peace Day. We will be celebrating a day later than the official day. Students have voted to wear white as a fundraiser and sell ice-cream cones at recess! Details to follow soon.

NEW LMBR FINANCE SYSTEM

Thank you for your patience as we officially rolled into a new finance system. It is still a hectic process for Jo as she learns a completely new way of doing things, but she has done an amazing job in getting the school ready and has made the transition run extremely smooth. Thank you Jo, from us all. Online payments are now easier than ever!

NAPLAN READINESS

Year 3 & 5 students completed their Naplan on line readiness test last week. It all went smoothly. There will be no results as it was just a trial.

BULLYING

Bullying is defined by three key features:

- it involves a misuse of power in a relationship
- it is ongoing and repeated
- it involves behaviours that can cause harm

Throughout the term, we conduct surveys from the students to identify areas of need and measure improvement against targets in academic, as well as social and emotional growth. Attached is a survey we will ask each child to do. (Kindergarten and Year 1 will have their answers recorded by Helen)

We would appreciate you having a discussion at home with your child about any issues. Your child may tell you things that they may not express to us here at school. The survey is attached to this newsletter in

blue colour, please return it to the school office by Friday 15 September 2017.

E-SAFETY ONLINE SURVEY



COMMUNITY NEWS

MACLEAY RIVER LIGHTNING TOUCH ASSOCIATION

2017/18 COMPETITIONS

REGISTRATION FOR TEAMS & INDIVIDUALS

WEDNESDAYS

- JUNIORS & YOUTH BOYS, GIRLS & MIXED
- FROM \$40 & \$50P/PLAYER
- U8'S, U10'S & U12'S (PRIMARY)
- U14/16/18'S (HIGH SCHOOL)
- OPEN SOCIAL MIXED
- 16's to open age. \$75 p/player

TUESDAY (NEW)

- WOMENS COMP
- 16's /open age. \$60 p/ player

MONDAY MENS OPEN

- O16'S TO OPEN AGE. \$750 per team
- RULES & CONDITIONS APPLY
- VERGE ST FIELDS KEMPSEY
- GAMES JUNIORS 5.30PM
- OPENS FROM 6.45 or 7.00PM
- STARTS 9TH OCTOBER 2017

TEAM & INDIVIDUAL REGO's GENERAL INFO

macleayrivertouchfooty@gmail.com

macleayrivertouch.sportingpulse.net

Facebook: macleay river touch football

MICK HAYES (Pres) PH 65669080

Cancer Council NSW Nutrition Snippet

The simplest way

...to help fussy eaters.

Fussy eating is very common and often very stressful for the whole family. While there is no magic solution, perseverance, involvement, presentation and disguise are four effective strategies that can help address this behaviour.

Other tips include:

- Offer new foods at times when children are hungry.
- Encourage kids to try new foods but do not force them to eat. "Parents provide, children decide" is a good rule of thumb to use.
- Let kids help out with food preparation.
- Be a good role model.
- Praise your child for trying new foods: sometimes kids refuse foods to get attention.
- Add "hidden" vegies to recipes such as spaghetti bolognese, soups, casseroles and home-made burgers.
- Cook vegies lightly and use a variety of types so they have different flavours and colours.
- It will take several attempts (10 - 15 times) so do not give up after the first time.

For more information visit www.eatittobeatit.com.au or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

Eat It To Beat It