



SMITHTOWN PUBLIC SCHOOL

Week 3 Term 2 – Monday 14 May 2018

30 – 38 Cannane Street, SMITHTOWN NSW 2440

Phone: 6567 4529 Fax 6567 4823

Email: smithtown-p.school@det.nsw.edu.au

Website: www.smithtown-p.schools.nsw.edu.au

2018

Tuesday 15 May	NAPLAN
Wednesday 16 May	NAPLAN
Thursday 17 May	NAPLAN Peer Clubs PSSA Netball
Friday 18 May	Friday Sport - Athletics Program
Monday 21 May	SRC Baking Cakes – Kindergarten
Wednesday 23 May	AFL - Paul Kelly Cup
Thursday 24 May	Peer Clubs
Friday 25 May	Friday Sport - Athletics Program Assembly Cross Country Got it! Parent Seminar 9.15 – 12.00 pm
Monday 28 May	SRC Baking Cakes – Year 6
Thursday 31 May	Peer Clubs
Friday 1 June	Questacon School Visit
Monday 4 June	SRC Baking Cakes – Year 5 Macleay Cross Country
Tuesday 5 June	Robotics
Wednesday 6 June	Athletics Carnival P & C Meeting 6.00 pm
Thursday 7 June	Peer Clubs
Friday 8 June	Friday Sport - Athletics Program Assembly
Monday 11 June	Queen's Birthday Long Weekend
Wednesday 13 June	Bacon & Egg Roll Breakfast Club NC Cross Country
Thursday 14 June	Peer Clubs
Friday 15 June	Friday Sport - Athletics Program
Monday 18 – Thursday 21 June	LNC Dance Festival Peer Clubs
Friday 22 June	Assembly P&C Disco
Monday 25 June	SRC Baking Cakes – Year 3
Tuesday 26 June	Small Schools Athletics
Monday 2 July	SRC Baking Cakes – Year 2
Wednesday 4 July	NAIDOC – South Kempsey P & C Meeting 6.00 pm
Friday 6 July	Assembly Open Classrooms
Sunday 8 July – Sunday 15 July	NAIDOC Week Because of her we can!

PRINCIPAL REPORT

MOTHERS DAY LAMINGTONS

We hope you had a wonderful and happy Mother's Day celebration. Thank you to all members of the P&C as well as Sam and her band of merry helpers who worked together to ensure the lamington drive was a fabulous success. Thank you to Tammy Banks and the Hot & Tasty Bakery for organising the coconut and chocolate sauce. It was fantastic to have so many helpers on the day. Together we are better!



Koa & Jake enjoying making their mothers delicious lamingtons for Mother's Day

ANNUAL SCHOOL REPORT AND MANAGEMENT PLAN

A copy of our Annual School Report and the Management Plan are now both available on our school website www.smithtown-p.schools.nsw.edu.au. If you would like a printed copy please call the office and one will be made available for you.

NAPLAN

Please encourage your child in Year 3 and 5 to simply complete the tests to their best possible ability. It is a snapshot of their learning and useful additional data to inform future planning. There is no need for your child to be feeling anxious or stressed about participating in Naplan!



Education
Public Schools

STORYBOARDING

On Thursday 17 May, authors from the Bryon Bay Writers Festival will be presenting workshops to students from Years 2 to 6. If parents would like to join in and be a part of the session you are most welcome.

This workshop should be a lot of fun and learning. We will start at 9.15 am and finish by 12.00 pm, but parents can leave whenever they need to.

END OF TERM 2 CELEBRATIONS SAVE THE DATE

At the end of this term on Friday 6 July at 12.00 noon we are inviting parents and extended family friends to attend an open day to show case student learning in their classrooms and we will be providing a delicious lunch for our students and families.

BREAKFAST PROGRAM

Thank you Hillary, bacon and eggs for breakfast was a real treat for our students last Wednesday morning.

Thanks also to our student leaders, Helen and Mrs Bennett for the successful running of this program which has had financial support from Vinnies for the purchase of milk and fruit. Also a big thank you to the Gladstone Bakery who donates the bread for toast.



Students enjoying breakfast club before school even starts!

PROFESSIONAL LEARNING

This Friday May 18, Mr Lewis and Mrs Hollis will be attending training at Coffs Harbour as they have been selected to lead a numeracy project titled Building Numeracy Learning. This is a significant achievement for our school!

GOT IT

Last week staff attended a four hour session in preparation for the teaching of the GOT IT program. It was brilliant learning for us to deeply understand cognitive behaviour and allowed us to understand how we can best support students in this aspect of learning.

PARENT SESSION ON FRIDAY 25 MAY @9.15AM-12.00PM

The parent session will be equally amazing and we sincerely encourage you to attend. It will be fantastic learning and you will be delighted with the knowledge and skills you will gain. As a parent these are all the things I wish I'd known when my children were young!

BOXES PLEASE

Could families please send in boxes that we can use in the cubby house and our maths lessons. Boxes we require for example:

- cereal boxes
- food packaging boxes

They can be left in a box located in the schools resource room near the photocopier.

ATHLETICS SUPER COACH

Mr Lee Pedrola commenced coaching athletics for sport last Friday 11 May. Lee phoned our school and congratulated every student on their commitment to learning and the teachers for their full support as well as Jo for her exemplary organisation of his employment and program.

A true team effort and a recognition of excellence for our school and our students.

The message was:

"In all the years I've been a coach working in schools around the region, never have I met more focused learners who are supported by outstanding staff."

PEER GROUPS

Peer groups commenced last week. Our students had the opportunity to vote for what

peer groups they would like to participate in. The peer group program will run for the majority of this term.

Activities include:

- Fishing
- Crochet
- Cooking
- Gardening
- Robotics
- Fitness
- Craft



Students enjoying the **NO BAKE, NUT FREE MUSELI BAR**. See the recipe on page 4 of this week's newsletter.

RECYCLING

K/1 are learning about the environment and sustainability this term. We want to see how many drink containers we can collect from our families.

For each container we collect we earn 10c. We are hoping to raise some money to go towards an excursion at the end of the term. Can you please help us?

We need all glass bottles, plastic bottles and aluminium cans. **NO MILK BOTTLES OR LARGE CORDIAL BOTTLES.**

We will start a collection tub at the school which students can put them in each morning.



CAMP PAYMENT REMINDER

Payments for Stage 2 Coffs Harbour and Stage 3 Canberra excursions are now being taken through the school office or online. All payments must be completed two weeks prior to camp departing.

CANTEEN NEWS

Please find attached the orange Meal Deal form for this week. Please return the order form and the money to the school office by Wednesday 16 May 2018.

Robyn O'Reagan will be serving spaghetti bolognese and garlic bread this Friday 18 May 2018. Thank you for being our canteen volunteer for this week.

We are still looking for canteen volunteers for this term. Are you available to volunteer in the canteen just one morning this term. Please fill in your name in the date that suits you and return to the office as soon as possible.



SOUTH WEST ROCKS RUNNING FESTIVAL

Sunday 10th June 2018, Trial Bay Gaol

42.2km Marathon start 7:00 am
21.1km Half Marathon start 7:45am
10 km Run start 7:30 am
5 km Run Enticer start 7:50 am

Entries for these events are open on Saturday 9th June at the Shelter Shed (below the Gaol), from 2pm to 4 pm only.
NO ENTRIES ON SUNDAY FOR THESE 4 EVENTS



Events for the kids!



300m Run/Walk 5 year olds
800m Run/Walk 6-7 year olds
1.5 km Run/Walk 8-10 year olds
2 km Run/Walk 11-13 year olds

Junior entries open Saturday during adult registration and Sunday from 7.00am to 9.00am, start approximately 9.30am

Entries at www.trialbaytri.com.au and www.coastline.com.au
Find us on Facebook: Trial Bay Triathlon Inc



DON'T FORGET: During Week 1 of Term all children in years K-2 or ages 5-8 would have received a Strengths and Difficulties Questionnaire (SDQ) Pack. This is due back in the schools by **Friday 11th of May**. If you have any questions about this process the Got It! team will be back at Smithtown Public School on **Friday, the 11th May** from **8:30am – 9.30am** to assist with completing the forms and to answer any questions you may have.

Also, don't miss the opportunity on the **Friday 25th May** where the Got-It! team will be back in the school to host the Parent's Seminar.

(see Seminar flyer information attached)

Time: 9.15am – 12.00am

- Morning tea provided
- Child Care available (please register childcare requirements at the front office along with RSVP attendance)

Date: Friday 25th May

RSVP: Wednesday 25th May at the school office.

The Parent Seminar - 'Helping You to Help Your Child' is a great opportunity for parents to meet with the Got-It! team. The Parent Seminar provides the opportunity to learn more about what the Got-It! team is doing in your school in **Terms 2 and 3** to ask questions about the Got-It! program and to find out how you as parents/carers can be involved.

Smithtown Community Resource & Development Committee



Smithtown RSL Bowling Club Saturday 19 May 2018 8am



ON THE GREEN

Make some money on your unwanted items –
Get your garage sale ready now!

\$15 per Table or Tarp on the Green

(Some carpark spots available for Car Boot Sale Items)

For more details contact 6567 4223

Come and Support your local fundraiser our Community needs a
Basketball Court and Park Upgrade!



No bake, Nut-free Muesli Bar

Health benefits

The oats are a nourishing, high fibre, nerve supporting food. The seeds and coconut provide good fats, protein, and energy (of the slow release kind). The cinnamon further stabilises blood sugars. If you use brown rice syrup, they are also sugar friendly. These simple treats will sustain, satisfy and nourish your body – they are the perfect healthy snack and they freeze.

Ingredients

- 100 gram (1 cup) rolled oats
- 60 gram (½ cup) sesame seeds
- 60 gram (½ cup) pepitas
- 60 gram (½ cup) sunflower seeds
- 1 tablespoon chia seeds or flax seeds, ground is best
- 60 grams (1 cup) desiccated or shredded coconut
- 1 teaspoon cinnamon powder
- 125 grams butter
- 170 grams (½ cup) raw honey or brown rice syrup

Optional

Dried fruit (organic or additive-free preferably) or cacao nibs

Method

In a small pot, combine the butter, sweetener and cinnamon over a low heat, stirring til combined

For a tastier slice, throw the oats, seeds, and coconut into a large pan and toast over a low heat for 5-10 minutes, stirring often (the coconut will colour and the pepitas will start to pop).

OR

1. Combine the dried ingredients raw.
2. Add the dried mix to the butter / sweetener mix, (plus dried fruit or cacao nibs if using) and mix until combined
3. Press into a small slice tin lined with baking paper (I use a wet stainless steel serving spoon). Put it in the freezer for 10 minutes or until set.
4. Remove from the tin and cut into squares.
5. It is best to keep refrigerated or frozen.

Variations

Dairy-free and vegan

Use coconut oil or ghee instead of butter. If using coconut oil, you will just need to make sure it is kept cold or it will fall apart more quickly than the butter version.

Gluten and grain-free

Use quinoa flakes (may just need to increase the quantity slightly).

Low-fructose

Use brown rice syrup instead of honey.

Sesame-free

Replace them with another seed or nut.

Coconut-free

Replace the coconut with ground seeds or nuts.